

Attorney Docket No.: 6133.214-US

**IN THE SPECIFICATION:**

Please insert the following before line 5 on page 1:

**-- CROSS-REFERENCE TO RELATED APPLICATIONS**

This application claims the benefit of priority under 35 USC §119 of Danish Application 1998 01578, filed November 30, 1998 and U.S. Provisional Application No. 60/111,721, filed December 9, 1998; the contents of both are hereby incorporated by reference.

**BACKGROUND OF THE INVENTION--**

Please insert the following before line 20 on page 3:

**--SUMMARY OF THE INVENTION--**

Please delete the paragraph beginning at line 2 on page 4 after the bullet point and replace it with the following:

- processing said one or more databases to provide the patient with alternative choices between two or more actions and a corresponding dose for each two or more actions.--

Please insert the following before line 25 on page 10:

**--BRIEF DESCRIPTION OF THE DRAWINGS--**

Please insert the following before line 18 on page 11:

**--DETAILED DESCRIPTION OF THE INVENTION--**

**IN THE ABSTRACT**

Please add this abstract after page 40

-- A method of self treating a disease, such as diabetes, includes collecting in one or more databases data representing values of parameters that related to the self treatment. The data is processed to provide a plurality of alternate choices between two or more actions that may be taken and a corresponding value for each action is calculated. A computerized system may be employed to perform the above method and the system may include a computer readable medium for executing the method.--